

HOW TO USE EPIPEN[®] AUTO-INJECTOR

Call 911 immediately after using the Epinephrine Auto-Injector

The effects of the epinephrine auto-injector begin to wear off after 10–15 minutes. It is very important to call 911 or the emergency number in your area immediately after using the epinephrine auto-injector. Your child could have another reaction and needs to be observed in the emergency department for at least 4 hours. Bring the epinephrine auto-injector with you to the hospital or give to emergency personnel when they arrive to safely dispose of it.

Steps in Using an EpiPen[®]

1. Remove the EpiPen[®] from the protective carrier tube by tipping and sliding it out.
2. Form a fist around the EpiPen[®] with the orange tip pointing down. Pull off the blue safety release.
3. Hold with the orange tip pointing toward the middle of the outer thigh.
4. Swing and press the orange tip **firmly** into the outer thigh until you hear a "click." Keep holding it firmly against the thigh for 3 seconds. Note: If you are administering to a young child, hold the leg firmly in place while administering an injection. EpiPen[®] may be used through clothing or directly on the skin.
5. Remove the EpiPen[®] from the thigh and massage the area for 10 seconds.
6. **Call 911 and seek immediate medical attention.** Tell them that your child has had an allergic reaction and that the EpiPen[®] was used.
7. Be prepared to use a second EpiPen[®] if symptoms do not improve or worsen in 5 to 15 minutes. Each EpiPen[®] is for **single use only**.

Step 1



Step 2



Step 3



Step 4



Step 5



This handout is for general information only. The information and above list are guidelines and do not include all symptoms. This document is not a substitute for being seen by a doctor. Always call your doctor if you have questions or seek emergency medical attention if necessary.

When to Use EpiPen®

The EpiPen® auto-injector is an epinephrine shot used to treat severe allergic reactions (anaphylaxis). A severe allergic reaction can become fatal within minutes if untreated. Using epinephrine gives the life saving time needed to get further medical treatment.

SYMPTOMS OF ANAPHYLAXIS INCLUDE

Mouth: Itchy, swelling of tongue and/or lips

Throat: Itchy, tightness/closure, hoarseness, trouble breathing/swallowing

Skin: Itchy, hives, redness, swelling, red watery eyes

Gut: Nausea, vomiting, cramps, diarrhea

Lung: Short of breath, wheeze, repetitive cough

Heart: Pale or blue skin color, dizzy/faint, weak pulse

Neurological: Sense of "impending doom," irritability, change in alertness, mood change, confusion

Other: Itchy, red, watery eyes

Tips about EpiPen®

- Comes in two strengths and are prescribed based on the individual weight.
- An EpiPen® trainer is included in the box with the real EpiPen®.
- The trainer does not have medicine or a needle.
- Use the trainer to practice steps of giving the injection.
- Store at room temperature.
- Do not refrigerate.
- Do not keep in a vehicle during hot or cold weather.
- Do not expose to direct sunlight.
- Be sure the medicine is clear/colorless in the viewing window.
- Check the expiration date. If expired get a refill.

Additional Information:
epipen.com

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