

# Duoderm® (P.A.W.S.)



**Duoderm® is a type of bandage that can help to protect skin and treat skin breakdown.** Your child's skin can become irritated and breakdown from things like pressure, excess wetness, and immobility.

Skin breakdown can range from an opening on the surface of the skin to a deeper wound.

## What does the bandage look like?

- Tan in color
- Thin and flexible
- Adhesive or sticky back
- Circle or rectangle shape

## Where can a Duoderm® bandage be placed?

- On bony areas
- Under drains/tubes
- Under other equipment to prevent or treat skin breakdown

## How do I care for the bandage?

Your child's nurse will show you how to apply the bandage. A Duoderm® bandage does not need to be changed daily. It should be changed if dirty or if the bandage is falling off.

## How to apply Duoderm®:

1. Wash and dry your hands.
2. Make sure the skin is clean and dry.
3. Remove Duoderm® from the package.
4. Cut the bandage to the size needed.
5. Remove the adhesive backing.
6. Apply the adhesive or sticky side to the skin.

## For General Health Information and Resources:

Call or visit the [Family Resource Center](#), a health information library on the 3rd floor of the hospital. Call 314.454.2350, email at [frc@bjc.org](mailto:frc@bjc.org), or check out the FREE [St. Louis Children's Hospital Kid Care App](#).

