Resources

Asthma Resources at St. Louis Children's Hospital Metropolitan St. Louis and Regional Resources National Resources





HealthyKidsExpress@bjc.org

Asthma Resources at St. Louis Children's Hospital

St. Louis Children's Hospital Asthma Management and Education for Schools (AMES) www.stlouischildrens.org/AMES HealthyKidsExpress@bjc.org

Center For Families

Books and Free Pamphlets on Asthma (314) 454-2350 centerforfamilies@bjc.org

General Information www.stlouischildrens.org

Living with Asthma Video

www.stlouischildrens.org/our-services/ allergy-immunology-and-pulmonary-medicine/ asthma-education/video-living-asthma

St. Louis Children's Hospital Answer Line

Asthma Control Education Classes (314) 286-0947 or Healthykidsexpress@bjc.org Head-to-Toe Exercise and Nutrition Program (314) 454-KIDS (5437) or (800) 678-KIDS (5437)

St. Louis Children's Hospital Food Allergy Management and Education Program (FAME)

www.stlouischildrens.org/FAME FAME@bjc.org



Metropolitan St. Louis and Regional Resources

Asthma Allergy Foundation of America St. Louis Chapter (AAFA-STL)

aafastl.org (314) 645-2422

Integrated Health Network

To Find a Health Center Near You, Contact: 1520 Market Street, Ste. 4034 St. Louis, MO 63103-2625 (314) 657-1566 www.stlouisihn.org

Missouri Association of School Nurses

www.missourischoolnurses.org

Missouri School Asthma Manual

Resources for Improving School Asthma Services health.mo.gov/living/healthcondiseases/chronic/ asthma/pdf/asthmamanual.pdf

Missouri Family Support Information (855) 373-4636

MO Healthnet Missouri Managed Care Help and Enrollment (800) 348-6627

United Way of Greater St. Louis-Connection to Agencies and Resources

Basic Needs, Counseling, Jobs Programs, Physical and Mental Health Resources, Support for Children, Youth and Families Dial 211 or (800) 427-4626

National Resources

Allergy and Asthma Network

8201 Greensboro Drive, Suite 300 McLean, VA 22102 (800) 878–4403 www.aanma.org

American Academy of Allergy, Asthma, and Immunology (AAAAI)

Pediatric Asthma: Promoting Best Practice– A Guide for Managing Asthma in Children 611 East Wells Street Milwaukee, WI 53202 (800) 822-ASMA (414) 272-6071 www.aaaai.org

American Academy of Pediatrics (AAP)

141 Northwest Point Boulevard Elk Grove Village, IL 60007 (800) 433-9016 (847) 228-5005 www.aap.org

American College of Allergy, Asthma, and Immunology

85 West Algonquin Road, Suite 550 Arlington Heights, IL 60005 (800) 842-7777 (847) 427-1200 acaai.org

American Lung Association

(800) LUNG USA www.lung.org

Association of Asthma Educators

1215 Anthony Avenue Columbia, SC 29201 (888) 988–7747 www.asthmaeducators.org

Asthma and Allergy Foundation of America (AAFA)

1125 15th Street, N.W., Suite 502 Washington, DC 20005 (800) 7-ASTHMA (202) 466-7643 www.aafa.org

Centers for Disease Control and Prevention

Strategies for Addressing Asthma within a Coordinated School Health Program www.cdc.gov/HealthyYouth/asthma/pdf/ strategies.pdf

Main CDC page: www.cdc.gov

National Association of School Nurses

PO Box 1300 Scarborough, ME 04070-1300 (877) 627-6467 (877) NASN4SN www.nasn.org

National Association of State School Nurse Consultants

www.schoolnurseconsultants.org

National Asthma Education and Prevention Program (NAEPP)

National Heart, Lung, and Blood Institute Information Center P.O. Box 30105, Bethesda, MD 20824-0105 (301) 592-8573 www.nhlbi.nih.gov/about/org/naepp www.nhlbi.nih.gov

NAEPP Materials Include:

- Managing Asthma: A Guide for SchoolsAsthma Awareness Curriculum for the
- Asthma Awareness Curriculum for t Elementary Classroom
- Asthma and Physical Activity in the School

U.S. Department of Education Office for Civil Rights, Customer Service Team

Mary E. Switzer Building 330 C Street, S.W. Washington, DC 20202-1328 (800) 421-3481 (202) 205-5413 www.ed.gov/offices/OCR/

U.S. Environmental Protection Agency (EPA)

Indoor Environments Division 401 M Street, S.W. (6604J) Washington, DC 20460 (202) 233-9370 www.epa.gov

Indoor Air Quality

Indoor Air Quality (IAQ) questions, listing of State IAQ contacts, and regional EPA contacts. www2.epa.gov/asthma

