# Resources

Asthma Resources at St. Louis Children's Hospital Metropolitan St. Louis and Regional Resources National Resources





HealthyKidsExpress@bjc.org

## Asthma Resources at St. Louis Children's Hospital

St. Louis Children's Hospital Asthma Management and Education for Schools (AMES) www.stlouischildrens.org/AMES HealthyKidsExpress@bjc.org

#### **Center** For Families

Books and Free Pamphlets on Asthma (314) 454-2350 centerforfamilies@bjc.org

**General Information** www.stlouischildrens.org

#### Living with Asthma Video

www.stlouischildrens.org/our-services/ allergy-immunology-and-pulmonary-medicine/ asthma-education/video-living-asthma

#### St. Louis Children's Hospital Answer Line

Asthma Control Education Classes (314) 286-0947 or Healthykidsexpress@bjc.org Head-to-Toe Exercise and Nutrition Program (314) 454-KIDS (5437) or (800) 678-KIDS (5437)

## St. Louis Children's Hospital Food Allergy Management and Education Program (FAME)

www.stlouischildrens.org/FAME FAME@bjc.org



## Metropolitan St. Louis and Regional Resources

#### Asthma Allergy Foundation of America St. Louis Chapter (AAFA-STL)

aafastl.org (314) 645-2422

#### Integrated Health Network

To Find a Health Center Near You, Contact: 1520 Market Street, Ste. 4034 St. Louis, MO 63103-2625 (314) 657-1566 www.stlouisihn.org

## **Missouri Association of School Nurses**

www.missourischoolnurses.org

#### Missouri School Asthma Manual

Resources for Improving School Asthma Services health.mo.gov/living/healthcondiseases/chronic/ asthma/pdf/asthmamanual.pdf

**Missouri Family Support Information** (855) 373-4636

**MO Healthnet Missouri Managed Care** Help and Enrollment (800) 348-6627

## United Way of Greater St. Louis-Connection to Agencies and Resources

Basic Needs, Counseling, Jobs Programs, Physical and Mental Health Resources, Support for Children, Youth and Families Dial 211 or (800) 427-4626

# National Resources

#### **Allergy and Asthma Network**

8201 Greensboro Drive, Suite 300 McLean, VA 22102 (800) 878–4403 www.aanma.org

### American Academy of Allergy, Asthma, and Immunology (AAAAI)

Pediatric Asthma: Promoting Best Practice– A Guide for Managing Asthma in Children 611 East Wells Street Milwaukee, WI 53202 (800) 822-ASMA (414) 272-6071 www.aaaai.org

#### **American Academy of Pediatrics (AAP)**

141 Northwest Point Boulevard Elk Grove Village, IL 60007 (800) 433-9016 (847) 228-5005 www.aap.org

#### American College of Allergy, Asthma, and Immunology

85 West Algonquin Road, Suite 550 Arlington Heights, IL 60005 (800) 842-7777 (847) 427-1200 acaai.org

#### **American Lung Association**

(800) LUNG USA www.lung.org

### **Association of Asthma Educators**

1215 Anthony Avenue Columbia, SC 29201 (888) 988–7747 www.asthmaeducators.org

# Asthma and Allergy Foundation of America (AAFA)

1125 15th Street, N.W., Suite 502 Washington, DC 20005 (800) 7-ASTHMA (202) 466-7643 www.aafa.org

## Centers for Disease Control and Prevention

Strategies for Addressing Asthma within a Coordinated School Health Program www.cdc.gov/HealthyYouth/asthma/pdf/ strategies.pdf

Main CDC page: www.cdc.gov

## **National Association of School Nurses**

PO Box 1300 Scarborough, ME 04070-1300 (877) 627-6467 (877) NASN4SN www.nasn.org

#### National Association of State School Nurse Consultants

www.schoolnurseconsultants.org

# National Asthma Education and Prevention Program (NAEPP)

National Heart, Lung, and Blood Institute Information Center P.O. Box 30105, Bethesda, MD 20824-0105 (301) 592-8573 www.nhlbi.nih.gov/about/org/naepp www.nhlbi.nih.gov

#### NAEPP Materials Include:

- Managing Asthma: A Guide for SchoolsAsthma Awareness Curriculum for the
- Asthma Awareness Curriculum for t Elementary Classroom
- Asthma and Physical Activity in the School

## U.S. Department of Education Office for Civil Rights, Customer Service Team

Mary E. Switzer Building 330 C Street, S.W. Washington, DC 20202-1328 (800) 421-3481 (202) 205-5413 www.ed.gov/offices/OCR/

## U.S. Environmental Protection Agency (EPA)

Indoor Environments Division 401 M Street, S.W. (6604J) Washington, DC 20460 (202) 233-9370 www.epa.gov

#### Indoor Air Quality

Indoor Air Quality (IAQ) questions, listing of State IAQ contacts, and regional EPA contacts. www2.epa.gov/asthma

