

DIABETES SICK DAY MANAGEMENT

NAME							DATE OF BIRTH		APPROXIMATE WEIGHT	
Date										
Time										
Blood sugar										
Ketones										
INSULIN										
Bolus: Humalog, Novolog or Apidra doses for carbohydrates										
Correction: Humalog, Novolog or Apidra doses for blood sugar and/or ketones										
Basal: Lantus or Levemir insulin doses										
Fluids: ounces / total for day	/	/	/	/	/	/	/	/	/	/
Food										
Total carbs										
Temperature										
Medications										
Vomiting										
Diarrhea										

If unable to waken your child, call 911 immediately.

HIGH RISK OF DIABETIC KETOACIDOSIS!

Ketones are caused by lack of insulin.

- Blood ketones more than 3.0
- Urine ketones moderate to large
- Chest pain
- Vomiting twice
- Dizzy or confused
- Fast or abnormal breathing
- Weak or difficult to awaken

CALL YOUR DIABETES DOCTOR OR NURSE!

Office hours: 314.454.6051

After-hours: 314.454.6000.

Ask for the diabetes doctor or nurse on-call

