

IN-KIND GIFT

These guidelines are suggestions for group or community projects.

COLLECTIONS/DRIVES OF ITEMS FROM OUR WISH LIST ARE GREAT COMMUNITY SERVICE PROJECTS. ITEMS IN BOLD* ARE IN HIGH DEMAND. (SEE IN KIND GIFT NEEDS FOR A COMPLETE LIST)

Bed Rolls - for infants, to keep them from rolling on their stomachs.

- Take an 8 inch by 50 inch piece of newly purchased soft fabric. (please wash fabric and do not use fabric softener)
- Fold length-wise and sew material along edges (on the side of the material that won't be showing) leaving a 4 inch opening on one end.
- Turn inside out and stuff with batting, leaving the bedroll flexible enough that you can bend it.

Comfort Pillows (a.k.a boo-boo pillows) - these are used to prop arms hooked up to IVs, to rest legs in wheelchairs or to cuddle.

- Take either a 12 inch round or square piece of fabric and sew sides together (on the side of material that won't be showing) leaving a 3 inch opening.
- Turn inside out
- Stuff with batting
- Sew the opening closed (**No tie pillows, all sides must be sewn shut.**)

Fleece Blankets (no sewing required) - kids from tiny to teen love these blankets!

- Use a 2 ft by 3 ft, 3 ft by 4 ft, or 4 ft by 5 ft piece of newly purchased fleece material. Cut 3 inches into the fabric around the entire piece of fabric, making fringe. (**Larger blankets in high demand**)
- Also cut a 3 inch by 3 inch square at each corner.
- Tie off each fringe into a knot where the fringed cut meets the material.
- After completion, please wash the blankets in liquid detergent and dry with no fabric softeners.

Pillowcases

- Cut a piece of washed, colorful fabric 26.5 inches by 40.5 inches
- Match it with a border of contrasting fabric, 10.5 inches by 40.5 inches
- Sew pieces together wrong side out (on the long side, 40.5 inches)
- Fold the material and sew along the open edges (leaving the opening at the border edge).
- Turn pillowcases inside out and iron

QUESTIONS?

Contact Child Life Services at 314-215-7192 or SLCHdonations@bjc.org
St. Louis Children's Hospital Foundation
One Children's Place
St. Louis, MO 63110