Conference Fees
Fees include professional education, continental breakfast both days, lunch Saturday, and snacks.

Fees
Conference pricing for professionals........$125
Conference pricing for presenters............$75
Conference pricing for students.............$75
Networking/Self-Care Event..................$12

Registration/Payment Method

If registering by mail, fees must be submitted in the form of check or money order. Registrations received without fee payment will not be processed. A confirmation email will be sent approximately two weeks after payment is received. Please make your check payable to St. Louis Children’s Hospital.

Cancellations
Refund requests for the Midwest Child Life Conference registration, minus a $25 service fee, will be honored if received in writing no later than Friday, October 26, 2018. No refunds will be given after that date. All cancellations must be requested in writing and sent via email to rachel.kielar@bjc.org. After October 26, 2018, all cancellations will be non-refundable.

Registration Deadline
Registrations will be accepted until November 1, 2018. After November 1, 2018, please contact Rachel Kielar at St. Louis Children’s Hospital, rachel.kielar@bjc.org, to verify availability. A $25 late fee will be applied to late registrations.

Parking
Conference attendees can park at the corner of Newstead/Duncan in the St. Louis Children’s Employee Garage located on Duncan Avenue which is a short walk down the street from Goldfarb School of Nursing. Please note you will be responsible for any fees obtained from parking in non-designated areas.

Hotel Information
The keynote address will take place at St. Louis College of Pharmacy; all other conference events will take place at Goldfarb School of Nursing. The conference is located in the City of St. Louis’ central corridor, in a cosmopolitan area known as the Central West End. Hotel accommodations at a discounted rate have been made at Drury Inn and Parkway Hotel.

**Drury Inn & Suites St. Louis Forest Park**
2111 Sulphur
Saint Louis, MO 63139

Please make your reservations by **Sunday, October 7, 2018** to receive your group rate. Reservations made after this date will be subject to prevailing rate and availability. Reservations may be made online or by calling **1-800-325-0720** and refer to your group number **2318693**.

**Parkway Hotel**
4550 Forest Park Ave
St. Louis, MO 63108

Please use the following link to reserve your room at the Parkway Hotel: [http://bit.ly/2wOo0xF](http://bit.ly/2wOo0xF). If you prefer to call the hotel rather than use the link you can call the hotel at **314-256-7777** and ask for group number **8179**.

Networking Event
We invite you to join us at the Drury Inn after Saturday’s closing session for a fun evening of networking and self-care activities. A fee of $12 includes appetizers.

Activities Include:
- Make your own: Bath Bomb, Kinetic Sand
- Massages
- Yoga Therapy
- Pet Therapy Dogs
SCHEDULE AT A GLANCE

Saturday, November 10th, 2018

8:00 am – 9:00 am  Breakfast and Registration *(at Goldfarb School of Nursing)*
9:10 am – 10:10 am  Welcome & Keynote Speaker *(at St. Louis College of Pharmacy)* *(1 PDU)*
10:10 am – 10:20 am  Return to Goldfarb School of Nursing
10:20 am – 11:50 am  Professional Development Workshops *(1.5 PDU)*
12:00 pm – 1:00 pm  Lunch and Resource Fair
1:10 pm – 2:10 pm  One Hour Professional Development Workshops *(1 PDU)*
2:20 pm – 3:20 pm  One Hour Professional Development Workshops *(1 PDU)*
3:30 pm – 4:30 pm  One Hour Professional Development Workshops *(1 PDU)*
5:00 pm – 7:00 pm  Fun Activity

Sunday, November 11th, 2018

8:00 am – 8:45 am  Breakfast
9:00 am – 10:30 am  Professional Development Workshops *(1.5 PDU)*
10:45 am – 11:45 am  One Hour Professional Development Workshops *(1 PDU)*
12:00 pm – 1:00 pm  One Hour Professional Development Workshop *(1 PDU)*
1:30 pm – 3:00 pm  Hospital Tours
8:00am-9:00am
Breakfast and Registration

9:10am-10:10am (1 PDU)
Welcome and Keynote Speaker

Malcolm E. Berry
Malcolm E. Berry joined the executive leadership team as Chief Development Officer of the St. Louis Children’s Hospital Foundation in 2017. Berry obtained his Bachelor of Science from Queen’s University, his Bachelor of Education from OISE/University of Toronto and his Master of Business Administration from McMaster University. Prior to his position at St. Louis Children’s Hospital, Berry served as the Foundation’s Vice President, Major Gifts for the Hospital for Sick Children (SickKids) in Toronto.

Helping Kids be Kids
Every year, hundreds of thousands of children come through the doors of our hospitals. These children face a lot of big challenges—they are separated from their families and friends, experience fear and anxiety, and endure uncomfortable and painful procedures. Because pediatric illness occurs at a time when rapid and permanent cognitive, social and motor development is taking place, how children and their families experience care has a profound impact on their healing. Providing compassionate care in a way that protects our patients’ childhood experience optimizes outcomes for children, and is what makes the role of child life services so vital.

10:20am-11:50am (1.5 PDUs)
Creating Efficiency in the Clinic Selection Process of Students

- Jenny Brandt, MS, CCLS, St. Louis Children’s Hospital, St. Louis, Missouri
- Theresa Starkey, BS, CCLS, St. Louis Children’s Hospital, St. Louis, Missouri

So many student applications and so little time! Learn how one clinical program increased clinical time by decreasing the amount of time spent in the student selection process. This can be done without compromising standards, maintaining ACLP guidelines, and still find a student that best fits your program.

Objectives
1. Learn how to select the best candidate based on the staffs’ values, beliefs and department culture
2. Learn how to become systematic and objective in the application review and interview process
3. Learn how to balance clinical and non-clinic time by decreasing time spent on the student selection process

Domain: Professional Responsibility (Task 4)

Inspiriting Your Caregiver Resilience with a Self-Care Plan Including Your ‘Emerging Life Song’ as a Caregiver Ethic

- Susan ‘BOON’ Murray, Ed.D., CCLS, CTRS, Child Life Disaster Relief

Compare a prevention plan for trauma workers and a self-care protocol to promote caregiver resilience to customize your own written promise of self-care. Bring your laptop to bookmark positive psychology tools to assess your well-being and sustain self-care practices. Bring along lyrics representing your emerging life song as a caregiver.

Objectives
1. Gain awareness of the benefit of practicing resilience
2. Understand your parallel ‘duty to self-care’ in your ‘duty to perform’ as a helper
3. Compare elements of published self-care plans to construct a self-care protocol that is personally meaningful and incorporates the power of playfulness
4. Experience how online positive psychology resources can help you self-assess key building blocks to well-being and help you structure practices like gratitude
5. Affirm your caregiver identity using preselected lyrics to make-and-take a paper sack pocket song representing your ‘emerging life song’ as a CCLS

Domains: Professional Responsibility

12:00pm-1:00pm
Lunch and Resource Fair
Enjoy lunch with your fellow conference attendees. Vendors will be set up in the lobby to share their products and services.

1:10pm-2:10pm (1 PDU)
Teen Talk: The Impact of Advisory Councils and Teen Specific Programming in Pediatric Hospitals
- Courtney Coffman, BA, CCLS, St. Louis Children’s Hospital, St. Louis, Missouri

St. Louis Children’s Hospital’s (SLCH) Teen Life Council (TLC) began in 2012. This advisory council has since increased teen programming and worked to improve the teenage experience at SLCH. Learn more about our program and learn firsthand from some of our teen members about the impact TLC has made.

Objectives
1. Identify the unique needs of adolescents in the pediatric healthcare setting
2. Discuss the SLCH Teen Life Council and how it improves the care and experience of adolescents at SLCH
3. Discuss challenges of creating and maintaining a teen advisory program
4. Gain insight into the hospital experience from the teen perspective

Domain: Intervention (Task 2)

Social Stories: An Intervention For Patients With Autism Spectrum Disorder
- Kasey Viviani, BS, CCLS, SSM Cardinal Glennon Children’s Hospital, St. Louis, Missouri

Patients with autism spectrum disorder can present unique challenges in the health care setting. The use of specifically tailored nonpharmacological interventions can help this population cope quite effectively with a potentially stressful environment. Social stories are an example of an easy, effective intervention for children with autism.
spectrum disorder in the health care setting.

Objectives
1. Understand the DSM-5 definition and diagnostic criteria of autism spectrum disorder.
2. Recognize challenges and stressors for children with autism spectrum disorder in the health care setting.
3. Gain knowledge on the background of social stories and the effectiveness of their use in the health care setting.
4. Learn from examples how to create their own social story.

Domain: Intervention (Task 1)

Mindful Breathing and Calm Centering for Young Children: A Practical Guide for Pediatric Care
• Ann Biese, ERYT-500, RCYT, MBSR
  Certified Teacher for Children, Newburyport, Massachusetts

Oftentimes, we miss the opportunity to help a child be relaxed and calm in the pediatric setting. Participants will learn how to provide a positive and relaxing setting by utilizing breathing techniques that are shown to increase calm and mindful attention to children who feel frequent anxiety.

Objectives
1. Understand the basic differences of mindfulness in children versus adults in both theory and technique.
2. Grasp how mindful breathing can be integrated into a clinical setting.
4. Utilize appropriate breathing methods to promptly reduce anxious behaviors in children.

Domain: Intervention

2:20pm-3:20pm (1 PDU)
Animal Assisted Interventions (AAI)-Creating a ‘PAWsitve’ Environment in Pediatrics
• Rita Scott, Child Life Assistant/Project Coordinator, St. Louis Children’s Hospital, St. Louis, Missouri

The human animal bond has long been established as a relationship that has benefits essential to the health and wellbeing to both. Hospitals across the country have been integrating Animal Assisted Interventions (AAI) into their care and treatment of patients. How can AAI be used in order to increase the positive experience of patients and their families in a healthcare setting? How can AAI be beneficial to the staff at a healthcare facility? Learn how one pediatric hospital is providing the AAI through Animal-Assisted Activities (AAA) as well as the opportunity for patients and their families to reunite with their pets without leaving the care of their medical team.

Objectives
1. To define Animal-Assisted Interventions and its uses in the pediatric settings.
2. To highlight ways that this hospital is able to provide Animal-Assisted Interventions by means of regularly scheduled Animal-Assisted Activities.
3. To highlight the benefits Animal-Assisted Interventions can have on patients, families, and staff in a pediatric setting.

Domain: Intervention (Task 1)

Spreading the Word- Providing Outreach Education to Healthcare Systems and the Greater Community
• Brittany Spah, BES, CCLS, CentraCare Health—St. Cloud Hospital, St. Cloud, Minnesota
• Stephanie McNaughton, BA, CCLS, CentraCare Health—St. Cloud Hospital, St. Cloud, Minnesota

Within expanding healthcare systems, there can be areas where pediatric populations are overlooked, and services are nonexistent. A child life specialist can provide education to support professionals working with these pediatric patients. In this session, attendees will learn about providing outreach education within a healthcare system or greater community.

Objectives
1. Identify barriers to providing education and problem-solve strategies to overcome them
2. Discuss how to adapt education to meet the needs of directed audience
3. Learn ways to assess the benefits of outreach education to unserved departments

Domain: Professional Responsibility (Task 3)

Maintaining Bonds During Hospitalization: Promoting Family Connectedness When Families are Absent From Daily Patient Care
• Megan Cassani, MA, CCLS, CIMI, Ranken Jordan Pediatric Bridge Hospital, Maryland Heights, Missouri

As the healthcare industry works toward implementing family-centered care practices, it is difficult for staff to know how to best serve unaccompanied children in the hospital, and best practices for caregiver-patient bonding throughout a hospitalization. Child Life specialists have the skill set to bridge the gap between hospital and home.

Objectives
1. Increase understanding of ways unaccompanied children in the hospital psychosocial well-being is affected and ways that attachment is comprised by a child’s separation from his or her parent/caregiver
2. Summarize relevant research in the field of family/sibling separation in pediatric healthcare
3. Replicate and utilize interventions that can work to maintain bonds with parents, caregivers, and siblings utilizing a family-centered care approach
4. Utilize best practices when creating programs to support families/siblings at a distance

Domain: Intervention
Saturday, November 10, 2018

3:30-4:30pm (1 PDU)
Rising to the Challenge: Multidisciplinary Collaboration and Functional Flexibility

- Kimberly Eighmey, MA, CCLS, SSM
  Health Cardinal Glennon Children’s Hospital, St. Louis, Missouri

Utilizing a case study format, a child life specialist will walk attendees through a challenging case involving a behavioral health patient and share lessons learned along the way. Exploring themes of continuous assessment, behavioral modification, and multi-disciplinary collaboration, participants will learn techniques for remaining engaged and resilient when working with difficult patients.

Objectives
2. Participants will identify different techniques of behavioral modification.
3. Participants will learn techniques for improving multidisciplinary communication and collaboration when working with long-term, complex, challenging patients in an acute-care setting.
4. Participants will understand the concept of functional flexibility and how it relates to child life practice.

Domain: Professional Responsibility (Task 2)

Virtual School Reentry and Perspectives on Transitions Between Hospital and School

- Emily Mozena, MA, CCLS, CTRS,
  University of Iowa, Iowa City, Iowa

The presentation discusses school reentry practices at one institution and the development of a virtual school reentry program with interdisciplinary team collaboration. The presentation will also share results from a qualitative research study that was completed to find out how teachers utilize information and resources to effectively manage their perception of a child with a chronic illness and their support of that child and their peers in the classroom. The emerging themes and results from this study will be discussed, as well as evaluations from the families and schools from the virtual school reentry presentations.

Objectives
1. Attendees will be introduced to an interdisciplinary approach to virtual school reentry.
2. Attendees will be provided with information on effective resources for school reentry transitions.
3. Attendees will be provided with results from a qualitative research study from the perspective of teachers working with children with chronic illnesses in the school setting.

Domain: Intervention (Task 1, 3)

Developmentally Appropriate Mindfulness and Yoga for Pediatric Inpatients

- Lisa Roberts, Registered Yoga Teacher, Registered Children’s Yoga Teacher, Author, Founder YoYo Yoga School, St. Louis Children’s Hospital Inpatient Yoga Therapy Program, St. Louis, Missouri

The benefits of mindfulness and yoga for pediatric inpatients include coping strategies, pain/stress/anxiety relief, and a sense of empowerment. Learn creative methods to implement simple yoga and mindfulness practices in a playful, engaging, and beneficial manner in the clinical setting – including safe and appropriate adaptations for different developmental stages.

Domain: Intervention

Networking/Self-Care Event
Saturday, November 10, 2018
5:00pm-7:00pm

Join us at the Drury Inn after Saturday’s closing session for a fun evening of networking and self-care activities that will leave you feeling refreshed, relaxed, and rejuvenated. A fee of $12 includes appetizers.

Activities Include:
- Make your own: Bath Bomb, Kinetic Sand
- Massages
- Yoga Therapy
- Pet Therapy Dogs

Please indicate if you plan to attend when registering. We ask that the $12 fee be paid at time of registration.
8:00am-8:45am  
Breakfast and Registration

9:00am-10:30am (1.5 PDUs)  
Dispatching Child Life into Your Community

- Lindsey Murphy, MEd, CCLS, CTP, Child Life Disaster Relief & University of Missouri

Child life specialists have a specialized skill set in supporting children during traumatic events. A brief overview of the progress that has been made towards integrating child life services into the community during disaster/crisis events, exploration of evidence-based practices, and opportunities for involvement in your community will be discussed.

Objectives
1. Describe the current operations of child life services and expertise being integrated into the disaster relief field on the national and international level
2. Recognize and describe the effect traumatic events have on children and the evidence-based interventions that support resilience & coping
3. Identify key factors and practical steps related to successful integration on the local level
4. Define opportunities available for child life specialists to support children affected by traumatic events in their own community

Domain: Professional Responsibility (Task 2)

You are the Best Toy in the Playroom: Understanding Mindfulness and Interpersonal Neurobiology as Resources for Resiliency

- Cara Smith, MA, CCLS, RYT-200, Springfield, Missouri

Recent developments in neurobiology, interpersonal neurobiology and mindfulness are providing fascinating glimpses into the developing brains of humans across the lifespan. Applying the principles of these areas to the field of child life allows the child life specialist to develop his/herself as the best toy in the playroom. These approaches deepen the therapeutic relationship with the children to help build new neuro-pathways of resiliency.

Objectives
1. Become familiar with research in neurobiology, neuroscience, and mindfulness as it relates to the developing brain
2. Demonstrate the role of the child life specialist in building resiliency in the hospitalized child
3. Explore the role of mindfulness based techniques for both the child life specialist and patient in nurturing resiliency

Domain: Intervention

10:45am-11:45am (1 PDU)  
Breaking Down Transgender Health Disparities

- Christopher Lewis, MD, Director of Pediatric Transgender Health at Washington University, Medical Director of Washington University Transgender Clinic at St. Louis Children’s Hospital

Optimization of transgender health faces significant challenges due to lack of cultural competency within the health community. Increasing awareness and understanding of health disparities as well as how to foster a gender-affirming environment can have significant impact on the quality of care delivered to the transgender population.

Objectives
1. Understand basic transgender health demographics and epidemiology
2. Explore the dynamic terminology used in transgender health
3. Review ways to collect and utilize sexual orientation and gender identity data
4. Learn about steps that can be made to create a gender-affirming environment

Domain: Professional Responsibility (Task 3)

Learning Evidence-Based Practice: Incorporating the Use of Animal-Assisted Therapy During Healthcare Encounters

- Kerri Birkett, BA, MS, CCLS, CIMIT, Cincinnati Children’s Hospital Medical Center, Cincinnati, Ohio

Follow a child life specialist, who used evidence-based practice (EBP) to change the way animal-assisted therapy was delivered at a hospital. Learn the basic steps of EBP and why it is important for child life specialists to incorporate these concepts into day-to-day practice.

Objectives
1. Learn evidence-based practice (EBP) techniques which can be implemented by child life specialists.
2. Learners will recognize how recommendations, when implemented systematically, can change hospital practice.
3. Learners will feel empowered to begin EBP by developing a clinical question and search terms.
4. Learners will develop an enhanced understanding on best practices surrounding animal-assisted therapy by following a child life EBP project.

Domain: Professional Responsibility (Task 3)

You’ve Got This: Keeping Applications and Interviews Well-Organized, Confident and Relevant in the Competitive Search for Practicums and Internships

- Kate Hanley, BA, CCLS, Gillette Children’s Specialty Healthcare, St. Paul, Minnesota

This workshop is designed to help applicants understand what practicum and internship sites are looking for and how students can put their best selves forward. We will review suggestions from current practicum and internship coordinators and learn how to reframe experiences focusing on enhancing applications and enriching interviewing skills.
Objectives
1. Provide “Do’s and Don’ts” of applying and interviewing for practicums and internships as identified by current internship and practicum coordinators.
2. Teach students to examine, reframe, and present their qualifications and experiences using language relevant to child life.
3. Analyze examples of application components to identify areas of growth and then edit and re-organize into a quality submission.
4. Facilitate discussion of volunteer/school experiences between attendees to offer a variety of opportunities to the group.

Domain: Professional Responsibility (Task 3)

12:00pm-1:00pm (1 PDU)
Healing From the Outside In: Bridging the Journey of Burn Survival
- Megan Cassani, MA, CCLS, CIMI, Ranken Jordan Pediatric Bridge Hospital, Maryland Heights, Missouri
- Meghan Miller, CCLS, CIMI, Ranken Jordan Pediatric Bridge Hospital, Maryland Heights, Missouri
- Kayla Winking, CCLS, Ranken Jordan Pediatric Bridge Hospital, Maryland Heights, Missouri

Pediatric burns may vary in cause, depth, and size, however, all children are exposed to painful procedures as their wounds are treated (Trapp, 2015). Child Life specialists have unique skills to provide procedural preparation and support during wound care, address psychological impacts of burns, provide family support, and facilitate return to school.

Objectives:
1. Summarize relevant research in regard to the Child Life specialist’s role during current burn interventions and therapies
2. Replicate and utilize interventions that promote family and sibling coping
3. Utilize best practices when creating school reentry programs for burn patients
4. Recognize the importance of utilizing interventions to support burn patient’s psychological healing in addition to physical healing during hospitalization.
5. Summarize relevant research about the benefits of burn summer camps on patient’s quality of life after a burn injury.

Domain: Intervention

Standardizing Pediatric Care Across a Multi-Site Regional Health System
- Ashely Gordon, MS, CCLS, UnityPoint Health Peoria, Peoria, Illinois
- Christine Czapek, MS, CCLS, CPST, UnityPoint Health Peoria, Peoria, Illinois
- Becca Martin, MS, CCLS, UnityPoint Health Peoria, Peoria, Illinois

This presentation discusses identifying inconsistencies in pediatric care across a multi-site regional health system based on feedback from patients, families and providers, and site assessments. This presentation will detail strategies applied by Certified Child Life Specialists to standardize pediatric care system-wide at sites with and without Child Life Services.

Objectives
1. Participants will be able to articulate the impact of negative pediatric healthcare encounters on future encounters during childhood and into adulthood.
2. Participants will be able to identify key players in the standardization of pediatric care and best practices within their own organization.
3. Participants will learn strategies for class-level advocacy, specifically related to pediatric best practices.

Domain: Professional Responsibility (Task 2)

1:30pm-3:00pm
Hospital Tour

Five participating St. Louis area hospitals will be providing tours after the final conference presentation on Sunday. You may choose one facility to tour. Please plan to meet in the lobby of the hospital of your choice at 1:30pm. Each attendee is responsible for their own transportation.

- St. Louis Children’s Hospital
- Ranken Jordan Pediatric Bridge Hospital
- Mercy Hospital St. Louis
- SSM Health Cardinal Glennon Children’s Hospital
- Shriners Hospital for Children—St. Louis

Additional information about each hospital and travel details can be found on the conference website.
A special thanks to our fellow Child Life colleagues in the St. Louis area who assisted in the efforts to plan and implement this year’s midwest conference.

**Tara Anders**, BA, CCLS, *Mercy Hospital St. Louis*

**Margaret Chastain**, MHA, CCLS, *Ranken Jordan Pediatric Bridge Hospital*

**Jen Clark**, BS, CCLS, *Shriner’s Hospital for Children—St. Louis*

**Kim Eighmey**, MA, CCLS, *SSM Health Cardinal Glennon Children’s Hospital*

**Ali Stewart**, MA, CCLS, CIMI, *Mercy Hospital St. Louis*

**Katie Noll**, BS, CCLS, *Ranken Jordan Pediatric Bridge Hospital*
23rd Annual Midwest Child Life Conference Registration
St. Louis Children’s Hospital

Please indicate your mailing address below:

Street

City State Zip Code

Registration Fees

- Conference pricing for professionals..........................$125
- Conference pricing for presenters.............................$75
- Conference Pricing for students...............................$75
- Networking/Self-Care event.................................$12

Please make check or money order payable to: St. Louis Children’s Hospital
and send to:
St. Louis Children’s Hospital
Attn: Rachel Kielar, 8W24
1 Children’s Place
St. Louis, MO 63110

Registration Deadline: November 1, 2018
After November 1, 2018, contact Rachel Kielar at 314-215-7195 or rachel.kielar@bjc.org to verify availability.
Saturday, November 10, 2018

10:20am-11:50am (1.5 PDUs)
☐ Creating Efficiency in the Clinic Selection Process of Students
☐ Inspiring Your Caregiver Resilience with a Self-Care Plan Including Your ‘Emerging Life Song’ as a Caregiver Ethic

1:10pm-2:10pm (1 PDU)
☐ Teen Talk: The Impact of Advisory Councils and Teen Specific Programming in Pediatric Hospitals
☐ Social Stories: An Intervention for Patients with Autism Spectrum Disorder
☐ Mindful Breathing and Calm Centering for Young Children: A Practical Guide for Pediatric Care

2:20pm-3:20pm (1 PDU)
☐ Animal Assisted Interventions (AAI)- Creating a ‘PAWsitive’ Environment in Pediatrics
☐ Spreading the Word—Providing Outreach Education to Healthcare Systems and the Greater Community
☐ Maintaining Bonds During Hospitalization: Promoting Family Connectedness When Families are Absent From Daily Patient Care

3:30pm-4:30pm (1 PDU)
☐ Rising to the Challenge: Multidisciplinary Collaboration and Functional Flexibility
☐ Virtual School Reentry and Perspectives on Transitions Between Hospital and School
☐ Developmentally Appropriate Mindfulness and Yoga for Pediatric Inpatients
☐ Child Life Involvement in Pediatric Abuse Cases

5:00pm-7:00pm
Networking/Self-Care Event ($12—if attending, please include with your registration payment)
☐ Plan to attend
☐ Do not plan to attend
23rd Annual Midwest Child Life Conference Registration
St. Louis Children’s Hospital

Presentation Selection

Sunday, November 11, 2018

9:00am-10:30am (1.5 PDUs)
☐ Dispatching Child Life into Your Community
☐ You are the Best Toy in the Playroom: Understanding Mindfulness and Interpersonal Neurobiology as Resources for Resiliency

10:45am-11:45am (1 PDU)
☐ Breaking Down Transgender Health Disparities
☐ Learning Evidence-Based Practice: Incorporating the Use of Animal Assisted Therapy During Healthcare Encounters
☐ You’ve Got This: Keeping Applications and Interviews Well-Organized, Confident and Relevant in the Competitive Search for Practicums and Internships

12:00pm-1:00pm
☐ Healing From the Outside In: Bridging the Journey of Burn Survival
☐ Standardizing Pediatric Care Across a Multi-Site Regional Health System
☐ Everything Changes: Navigating Transition Within the Field of Child Life Using Self-Care and Burnout Avoidance Techniques

1:30pm-3:00pm
Hospital Tour
Choose one facility you would like to tour. Please note, transportation to the chosen location is the responsibility of the registrant.

☐ St. Louis Children’s Hospital
☐ SSM Health Cardinal Glennon Children’s Hospital
☐ Mercy Hospital St. Louis
☐ Ranken Jordan Pediatric Bridge Hospital
☐ Shriner’s Hospital for Children—St. Louis
☐ Do not plan to attend a tour