GIVE A GIFT TO OUR PATIENTS
THROUGH OUR WISH LIST

IN-KIND GIFT
COMMUNITY SERVICE PROJECTS

These guidelines are suggestions for group or community projects.

COLLECTIONS

- Children’s Books *(items must be new or like-new)*
- DVDs *(items must be new or like-new; rated G, PG, PG-13)*
- CDs *(items must be new or like-new)*
- Bingo Prizes *(items must be new)*: We play Bingo weekly and need many prizes
  - Bath Gels/Lotions
  - Blankets
  - Card Games
  - Journals
  - Lego and Bionicle kits
  - Puzzles
  - Small Electronic Games
  - Sports Balls
  - Stuffed Animals for babies (sewn on eyes and noses)
- Mobile Health Program *(items must be new)*: The Healthy Kids Express program serves school children in indigent areas and many of the kids do not have warm clothing in the winter.
  - Gloves/Mittens
  - Scarves
  - Socks
  - Warm Hats

QUESTIONS?

Contact Child Life Services at 314-215-7192 or SLCHdonations@bjc.org
St. Louis Children’s Hospital Foundation
One Children’s Place
St. Louis, MO 63110
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KITS

**Activity Bags** - for kids in the hospital or in the emergency unit waiting area to help pass time and to keep their minds off their worries.
- Activity Books
- Coloring Books
- Crayons
- Coloring Books
- Erasers
- Markers
- Stickers
- Word Puzzles

**Craft Kits** (with instructions and materials) - for kids in the hospital to help keep them busy and their minds off their worries.
- Bracelet Kits
- Small Mobiles

**School Supplies** - for our kids who visit Healthy Kids Express, a pediatric mobile health van that goes to school in indigent areas.
- Calculators
- Notebooks
- Pencils
- Pens
- Rulers

**Family Comfort Bags** - for parents who come with their kids in an emergency situation and need to spend the night.
- Bath Gel
- Comb
- Deodorant
- Dental Floss
- Hair Brush
- Hand Sanitizer
- Journal
- Lip Balm
- Lotion
- Mouthwash
- Notepads
- Pens
- Shampoo
- Shaving Cream
- Sleep Masks
- Sleep Socks
- Toothbrush

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SERVICE PROJECTS

Bed Rolls - for infants, to keep them from rolling on their stomachs.
- Take an 8 inch by 50 inch piece of newly purchased soft fabric. (please wash fabric and do not use fabric softener)
- Fold length-wise and sew material along edges (on the side of the material that won’t be showing) leaving a 4 inch opening on one end.
- Turn inside out and stuff with batting, leaving the bedroll flexible enough that you can bend it.
- Sew up the 4 inch opening.

Comfort Pillows (a.k.a boo-boo pillows) - these are used to prop arms hooked up to IVs, to rest legs in wheelchairs or to cuddle.
- Take either a 12 inch round or square piece of fabric and sew sides together (on the side of material that won’t be showing) leaving a 3 inch opening.
- Turn inside out
- Stuff with batting
- Sew the opening closed

Fleece Blankets (no sewing required) - kids from tiny to teen love these blankets!
- Use a 2 ft by 3 ft, 3 ft by 4 ft, or 4 ft by 5 ft piece of newly purchased fleece material. Cut 3 inches into the fabric around the entire piece of fabric, making fringe.
- Also cut a 3 inch by 3 inch square at each corner.
- Tie off each fringe into a knot where the fringed cut meets the material.
- After completion, please wash the blankets in liquid detergent and dry with no fabric softeners.

Pillowcases
- Cut a piece of washed, colorful fabric 26.5 inches by 40.5 inches
- Match it with a border of contrasting fabric, 10.5 inches by 40.5 inches
- Sew pieces together wrong side out (on the long side, 40.5 inches)
- Fold the material and sew along the open edges (leaving the opening at the border edge).
- Turn pillowcases inside out and iron

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