504 PLAN

This federal civil rights law, commonly referred to as Section 504, helps ensure that individuals with handicaps/disabilities are not excluded from participating in any program or activity that receives federal financial assistance. Students who are covered by this law are eligible to receive what is known as a 504 Plan.

A 504 Plan is a written management plan developed on a case by case basis. Individual accommodation(s) will vary based upon each student's individual needs, and may require input from their healthcare provider. Examples of 504 accommodations may include, but not be limited to, special seating arrangements, curriculum adjustments, field trips, special school events and staff training. Parents/guardians are within their rights to request an evaluation for eligibility and to pursue such a plan. All schools subject to this law should have a 504 Coordinator on staff who can help parents/guardians throughout the 504 process.

Accommodations should be reasonable and supported by using evidence based practice standards such as the CDC Voluntary Guidelines. The following 504 outline provides an overview of steps to take to create a 504 Plan.

Please review the following step by step instructions on how to use the 504 Plan flow chart that starts on the next page:

- **Step 1:** Identify your role in creating the 504 Plan.
- **Step 2:** Review and complete the tasks listed under your specific role.
- **Step 3:** Once the student is approved for a 504 Plan, then review details on the flow chart which follows this page:
 - a. Scheduling a 504 planning meeting
 - b. Sample accommodation listing (note: The accommodation listing features check boxes for building a 504 plan to meet the student's individual needs.)
- **Step 4:** If the school does not approve a 504 Plan, there is information on who to contact and resources to assist.

What's your role? STEP 1 Healthcare Provider School Nurse/ Parents/Guardians **504 Coordinator** (physician/allergist) ☐ Provide families with ☐ Request and obtain an ☐ Identify students who may Emergency Care Plan paperwork that explains be eligible for a 504 plan. STEP 2 from your child's doctor. the students food allergy, ☐ Gather required such as: information, such as ☐ If your child will need □ Food allergy Emergency Care Plan/Food Allergy Action Plan (ECP/FAAP) the student's Individual Healthcare Plan (IHCP) school meals, have your child's doctor complete a medical statement for or Food Allergy Action special meals. Plan. ☐ If school meals/snacks are required, then ☐ Contact your school □Once it is agreed the provide a medical to refer/request a student will have a 504 statement for special 504 evaluation for Plan schedule a team meals. (Be sure to your child. planning meeting and include omitted and obtain signatures from permitted foods.) those who take part in meeting. School Nurse/ The student is approved **504 Coordinator** for a 504 Plan. STEP 3 STEP 4 ☐ Be sure the student has an Individual Healthcare Plan (IHCP) on file. **Healthcare Provider** ☐ Parents/quardians may need your assistance to advocate for reasonable accommodations. ☐ Schedule a planning meeting to create Parents/Guardians the student's 504 accommodation plan. ☐ May appeal the decision. (See 504 resource listing ☐ The meeting may include: below.) ☐ Parent/Guardian ☐ Student (age dependent) ☐ School nurse ☐ Principal **504 Resource Listing** ☐ School nutrition staff ☐ United States Department of Education—Office for ☐ Classroom teacher Civil Rights (OCR) ☐ Transportation ed.gov/about/offices/list/ocr/index.html ☐ Americans with Disabilities (ADA) ed.gov/about/offices/list/ocr/docs/dcl-504faq-201109.html □ National School Board Association (NSBA)-Safe at School and Ready to Learn nsba.org/Board-Leadership/SchoolHealth/Food-Allergy-Policy-Guide.pdf

Accommodations

(sample recommendations adapted from CDC Voluntary Guidelines)

Some states and school districts have a 504 template; contact your schools 504 coordinator and/or school administrator for details.

General Accommodations

- ☐ All staff will follow the schools food allergy policies.
- ☐ School nurse will educate and train all staff members who have contact with the student in recognizing the symptoms of an allergic reaction, emergency procedures and the use of epinephrine auto-injectors.
- ☐ Student's epinephrine auto-injectors will be kept in secure (unlocked), accessible area.
- ☐ Make sure events and field trips are consistent with food allergy policies.
- ☐ Have access to epinephrine auto-injectors and train relevant staff to use them.
- ☐ Have children, school staff, and volunteers to wash hands before and after handling or eating food.
- ☐ Have a system in place to identify all students with food allergies.

Emergency Accommodations

- ☐ Student will self carry two epinephrine auto-injectors at all times (age dependent.)
- ☐ Student will have access to safe foods in case of an Emergency Shelter-in-Place.

Transportation Accommodations

- ☐ Train transportation staff how to respond to food allergy emergencies.
- □ Do not allow food to be eaten on buses except by children with special needs such as diabetes.

Classroom Accommodations

- ☐ Avoid the use of identified allergens in class projects, parties, holidays and celebrations, arts, crafts, science experiments, cooking, snacks, rewards or for other purposes.
- ☐ Inform and educate substitute of child's food allergy.
- ☐ Support parents/ guardians who wish to provide safe snack items for their child.
- ☐ Use non-food incentives for prizes, gifts, awards.

Celebrations

- ☐ Consider celebrations with non-food items (school supplies, toys/trinkets, crafts, t-shirts, prize system).
- ☐ If food is allowed, check for allergens and make sure all items are clearly labeled.
- ☐ Wash all desks, tables, chairs, with soap and water/ district approved cleaning products after celebrations with food.

Accommodations (cont. on next page)

Accommodations

(cont. from previous page)

School Activities, Field Trips, Accommodations

- ☐ Do not exclude children with food allergies from field trips, events or extracurricular activities.
- ☐ Package meals and snacks appropriately to prevent cross-contact.
- ☐ Invite parents/guardians of children with food allergies to chaperone (but do not require.)

Social/Emotional Accommodations

- ☐ Provide age appropriate education to all children on the seriousness of food allergies.
- ☐ If teasing, harassment, or bullying occurs, immediate disciplinary actions will take place based on the school's anti-bullying policy.

Cafeteria Accommodations

- □ Consider allergy-friendly (allergen–free) tables.
- ☐ Have a system in place to identify all students with food allergies.

If school prepared meals required

- ☐ Make necessary changes to school meals.
- □ Obtain approval from licensed physician or as stated in the ECP.
- ☐ Designate an allergen-safe food preparation area.
- Provide menu copies to parents/guardians in advance to plan meals.
- Provide food labels, recipes or ingredient lists used to prepare meals and snacks.
- ☐ Keep food labels for at least 24 hours after servicing the food in case the child has a reaction.
- ☐ Read all food labels with each purchase for potential food allergens.
- Wash all tables and chairs with soap and water district approved cleaning products after each meal services.

Physical Education & Recess

Access to epinephrine auto-injectors.

- Review 504 Plan annually and as needed.
- Designate responsible party to follow through with accommodations (see sample on next page.)
- Have all participants sign the final 504 Plan.