# AUVI-Q™ SKILLS TEST

Place a (1) in the box if the skill is attained.

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1</td>
<td>Identify five signs and symptoms of anaphylaxis.</td>
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<tr>
<td>2</td>
<td>Have someone call 911 (If no one available, administer Auvi-Q™ then call 911).</td>
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<tr>
<td>3</td>
<td>Remove Auvi-Q™ from the outer case if ready to use (note: The Auvi-Q™ is designed to go through clothing or directly on the skin).</td>
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<tr>
<td>4</td>
<td>Pull off red safety guard. Be careful not to touch the black base of the auto-injector.</td>
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<tr>
<td>5</td>
<td>Place the black end of the Auvi-Q™ against the middle of the outer thigh area.</td>
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<tr>
<td>6</td>
<td>Press the Auvi-Q™ firmly against the thigh until a click and hiss is activated. Hold in place for 5 seconds.</td>
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<tr>
<td>7</td>
<td>Remove the Auvi-Q™ from the injection site and monitor until help arrives.</td>
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<tr>
<td>8</td>
<td>Have a second dose readily available to repeat steps 2-7, if symptoms do not improve or worsen in 5 to 15 minutes.</td>
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</table>

**SCORE FOR NUMBER OF SKILLS CORRECTLY PERFORMED**

8

## Potential Signs and Symptoms of Anaphylaxis

**Mouth:** Itchy, swelling of tongue and/or lips  
**Throat:** Itchy, tightness/closure, hoarseness, trouble breathing/swallowing  
**Skin:** Itchy, hives, redness, swelling, red watery eyes  
**Gut:** Nausea, vomiting, cramps, diarrhea  
**Lung:** Short of breath, wheeze, repetitive cough  
**Heart:** Pale or blue skin color, dizzy/faint, weak pulse  
**Neurological:** Sense of “impending doom,” irritability, change in alertness, mood change, confusion  
**Other:** Itchy, red, watery eyes

## Store and Use

- Room temperature in the outer case it comes in  
- DO NOT refrigerate  
- Do not place/leave in vehicle in hot or cold weather  
- Check expiration date, most expire within one year  
- View color through window of unit: Should be clear. If brown, need new one.  
- Dispose of auto-injector properly

**Call 911 immediately after using the Auvi-Q™.**

**Transport by emergency personnel and monitor for further medical assistance in the emergency room at least 4 hours.**

When do you use Auvi-Q™?

- Auvi-Q™ auto-injector (0.3 mg) if > 66 lbs  
- Auvi-Q™ auto-injector (0.15 mg) if 33 – 66 lbs  
- Auvi-Q™ auto-injector (0.1 mg) if 16.5 – 33 lbs