

Food Allergy Resources

FOOD ALLERGY RESOURCES

Federal Resources

Centers for Disease Control and Prevention (CDC) School Health Branch

Phone: 1 (800) 232-4636

E-mail: cdcinfo@cdc.gov

cdc.gov/healthyyouth/foodallergies

CDC–Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs

cdc.gov/healthyyouth/foodallergies/pdf/13_243135_A_Food_Allergy_Web_508.pdf

National Institute of Allergy and Infectious Diseases (NIH)

niaid.nih.gov

NIH–Guidelines for the Diagnosis and Management of Food Allergy in the United States

niaid.nih.gov/topics/foodallergy/clinical/Pages/default.aspx

United States Department of Agriculture (USDA) Food and Nutrition Information Center (FNIC) National Agricultural Library USDA

10301 Baltimore Avenue, Room 105

Beltsville, MD 20705-2351

Phone: (301) 504-5414

Fax: (301) 504-6409

fnic.nal.usda.gov/diet-and-disease/allergies-and-food-sensitivities

United States Department of Education–Office for Civil Rights (OCR)

Phone: 1 (800) 421-3481

Fax: (202) 453-6012

E-mail: ocr@ed.gov

ed.gov/about/offices/list/ocr/index.html

United States Food and Drug Administration (FDA)

10903 New Hampshire Ave.

Silver Spring, MD 20993

fda.gov/Food/ResourcesForYou/Consumers/ucm079311.htm

National Resources

Academy of Nutrition and Dietetics

Phone: 1 (800) 877-1600 (Chicago, IL)

Phone: 1 (800) 877-0877 (Washington, D.C.)

eatright.org

Allergy & Asthma Network (AAN)

Phone: 1 (800) 878-4403

Fax: (703) 288-5271

allergyasthmanetwork.com

American Academy of Allergy Asthma & Immunology (AAAAI)

Phone: (414) 272-6071

E-mail: info@aaaai.org

aaaai.org

aaaai.org/conditions-and-treatments/allergies/food-allergies.aspx

American Academy of Pediatrics (AAP)

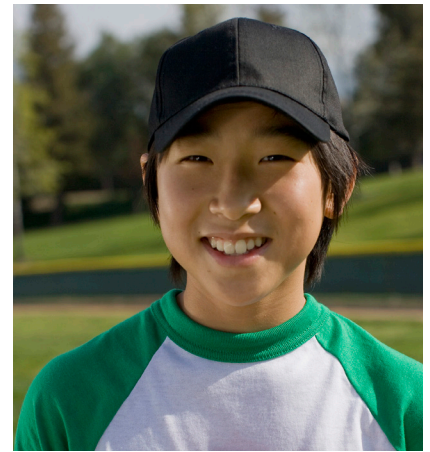
Phone: 1 (800) 433-9016

Fax: (847) 434-8000

aap.org

• **Council on School Health (COSH)**

aap.org/sections/schoolhealth



American College of Allergy, Asthma & Immunology (ACAAI)

Phone: (847) 427-1200

Fax: (847) 427-1294

E-mail: mail@acaai.org

acaai.org

American Latex Allergy Association (ALAA)

Phone: 1 (888) 972-5378

latexallergyresources.org

American Partnership for Eosinophilic Disorders (APFED)

Phone: (713) 493-7749

apfed.org/drupal/drupal/what_is_eeo

Asthma and Allergy Foundation of America (AAFA)

Phone: 1 (800) 727-8462

E-mail: info@aafa.org

aafa.org

• **AAFA's State Honor Roll of Asthma and Allergy Policies for Schools:**

StateHonorRoll.org

Food Allergy & Anaphylaxis Connection Team (FAACT)

Phone: (513) 342-1293

Fax: (513) 342-1239

E-mail: info@FoodAllergyAwareness.org

FoodAllergyAwareness.org

Food Allergy Management and Education (FAME) Program

St. Louis Children's Hospital

E-mail: FAME@bjc.org

stlouischildrens.org/FAME

Food Allergy Research & Education (FARE)

Phone: 1 (800) 929-4040

Fax: (703) 691-2713

foodallergy.org

Institute of Child Nutrition (formerly NFSMI— National Food Service Management Institute)

[childnutritioninstitute.org/ResourceOverview.aspx?](http://childnutritioninstitute.org/ResourceOverview.aspx?ID=507Food Allergy)

[ID=507Food Allergy](#)

Training for school nutrition professionals

**International Association for Food Protein Enterocolitis (IAFFPE)**

E-mail: contact@iaffpe.org

iaffpe.org

Kids with Food Allergies—A Division of the Asthma and Allergy Foundation of America (AAFA)

Phone: (215) 230-5394

Fax: (215) 340-7674

kidswithfoodallergies.org

National Association of School Nurses (NASN)

Phone: 1 (866) 627-6767

Fax: 1 (301) 585-1791

E-mail: nasn@nasn.org

nasn.org

nasn.org/ToolsResources/FoodAllergyandAnaphylaxis

National Association of State School Nurse Consultants

schoolnurseconsultants.org

National Education Association (NEA)

Phone: (202) 833-4000

Fax: (202) 822-7974

nea.org

School Nutrition Association

Toll-free: 1 (800) 877-8822, ext. 154

Fax: (301) 686-3115

schoolnutrition.org

State Educational Agency

Every state has a State Educational Agency (SEA), which should be responsive to requests for information.

ed.gov/about/contacts/state/index.html

The Council of Parent Advocates and Attorneys

copaa.org

Online Resources

allergyhome.org/schools

Food allergy education tools and resources designed to assist school nurses or their designees in school-wide food allergy education and awareness (staff/administration, parents and students.)

allergyready.com

Interactive online course designed to help teachers, administrators and other school personnel prevent and manage potentially life-threatening allergic reactions.

cofargroup.org

Consortium of Food Allergy Research

foodallergyawareness.org/schoolresources

FAACT is proud to announce the release of our Food Allergy Curricula Program for Schools, another program that fulfills our mission to educate, advocate and raise awareness for all individuals and families affected by food allergies and life-threatening anaphylaxis.

stlouischildrens.org/FAME

Food Allergy Management & Education (FAME) Program is made up of comprehensive resources that provide management strategies to create a safe learning environment for children with life-threatening food allergies. All resources as well as manual and tool- kit are easy to navigate, easy to access and available free for nurses, educators, physicians, school personnel, students, families and other community stakeholders.

Auto-Injector Devices

Generic Adrenaclick®

adrenaclick.com

Auvi-Q™

auvi-q.com

Mylan Speciality (Manufacturer of Epi-Pen® auto-injectors)

myepipen.com

Food Allergy and Bullying

healthychildren.org/English/Pages/default.aspx (type bullying in the search box)

kidshealth.org (type bullying in the search box)

nea.org/bullyfree

olweus.org/public/effects-bullying.page

stopbullying.gov

Book Resources

Food Allergies and Schools: A Pocket Guide for Educators

Julie Trone and Maria Acebal, 2010

Food Allergies for Dummies,

Robert A. Wood, MD. Wiley, 2007

How To Manage Your Child's Life-Threatening Food Allergies: Practical Tips for Everyday Life

Linda Marienhoff Coss. Plumtree Pr (2004)

Living Confidently With Food Allergy

Michael Pistiner, MD, MMSc, Jennifer LeBovidge, PhD, Laura Bantock, Lauren James, and Laurie Harada. Anaphylaxis Canada, 2013. allergyhome.org/handbook
(freely available HTML and PDF versions)

The Parent's Guide to Food Allergies

Marianee Barber, Maryanne Bartoszek Scott and Elinor Greenberg. Henry Holt & Company; 1st Edition, 2001

The Peanut Allergy Answer Book

Michael C. Young. Fair Winds Press; 2nd Edition, 2006

Understanding and Managing Your Child's Food Allergies

Scott H. Sicherer, M.D. The Johns Hopkins University Press; 1st Edition, 2006

FOOD ALLERGY INFORMATION FOR TWEENS/TEENS

Allergic Girl Resources, inc. Supportive Services

AllergicGirl.com

Anti-bullying

stopbullying.gov

FARE Resources for Teens

foodallergy.org/resources/teens

FARE Resources for College Students

foodallergy.org/managing-food-allergies/at-college

Food Allergy & Anaphylaxis Connection Team (FAACT)

FoodAllergyAwareness.org

Medic Alert

medicalert.org

Food Allergy Posters

allergyhome.org/teach

foodallergyawareness.org/education/food_allergy_awareness_resources-12/stlouischildrens.org/Fame

Restaurant Guide, Active Blog & Videos

AllergyEats.com

Singing Grams to Fight Food Allergies

EZgreetings.org

Teen FA Tumblr

foodallergyteens.tumblr.com

Why Risk It: Where Real Life and Allergies Collide

whyriskit.ca/pages/en/resources/videos.php

FOOD ALLERGY INFORMATION FOR CHILDREN

Book Resources

Alexander the Elephant Book Series

Food Allergy and Anaphylaxis Network. foodallergy.org

- *Always Be Prepared*
- *A Special Day At School*
- *Alexander's First babysitter*
- *Alexander's First Plane Ride*
- *Alexander Goes Out to Eat*
- *Alexander Goes to a Birthday Party*
- *Alexander Goes Trick-or-Treating*
- *Alexander Learns His Lesson*
- *Alexander and His Pals Visit the Main Street School*
- *Alexander's Special Holiday Treat*

Food Allergies & Me

Juniper Skinner. Create Space, 2010. foodallergiesandme.com

No Nuts for Me

Aaron Zevy. Tumbleweed Pr, 1996

Nurse Teddy Bear Learns About Food Allergies

Ann Lempert Deutsch, 2012

The BugaBees: Friends with Food Allergies Book Series

Amy Recob. Beaver's Pond Press. thebugabees.com

- *The Bugabees: Friends with Food Allergies*
- *The BugyBops: Friends for All Time* (The BugaBees Series)

The No Biggie Bunch Children's Book Series

Heather M.Mehra. Parents Perk, Inc. nobiggiebunch.com

- *Dairy-Free Dino-Licious Dig*
- *Everyday Cool With Food Allergies*
- *Peanut-Free Tea for Three*
- *Sports-tastic Birthday Party Book*
- *Trade-or-Treat Halloween*

The Peanut Butter Jam Book

Elizabeth Sussman Nassau and Margot Janet Ott. Health Press (NM), 2001

Taking Food Allergies to School

Ellen Weiner and Moss Freedman. JayJo Books; 1st Edition, 1999

The Kid-Friendly Food Allergy Cookbook

Leslie Hammond and Lynne Marie Rominger. Fair Winds Press, 2004

Book Resources

Food Allergies and Schools: A Pocket Guide for Educators

Julie Trone and Maria Acebal, 2010

Food Allergies for Dummies,

Robert A. Wood, MD. Wiley, 2007

How To Manage Your Child's Life-Threatening Food Allergies: Practical Tips for Everyday Life

Linda Marienhoff Coss. Plumtree Pr (2004)

Living Confidently With Food Allergy

Michael Pistiner, MD, MMSc, Jennifer LeBovidge, PhD, Laura Bantock, Lauren James, and Laurie Harada. Anaphylaxis Canada, 2013. allergyhome.org/handbook
(freely available HTML and PDF versions)

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Marianee Barber, Maryanne Bartoszek Scott and Elinor Greenberg. Henry Holt & Company; 1st Edition, 2001

The Peanut Allergy Answer Book

Michael C. Young. Fair Winds Press; 2nd Edition, 2006

Understanding and Managing Your Child's Food Allergies

Scott H. Sicherer, M.D. The Johns Hopkins University Press; 1st Edition, 2006

DVD Resource

Binky Goes Nuts: Understanding Peanut Allergies (2007)

Online Resources

Allergy Home

allergyhome.org

AllergyReady.com

allergyready.com

American Academy of Allergy Asthma & Immunology

aaaai.org/conditions-and-treatments/just-for-kids.aspx

FARE Resources for Kids

foodallergy.org/resources/kids

FARE Resources for Teens

foodallergy.org/resources/teens

FARE Resources for College Students

foodallergy.org/resources/college-students

Kids with Food Allergies

community.kidswithfoodallergies.org

Kids Health

kidshealth.org

Activities

Ally & Andy's Activity Book

Coloring and activity book for food allergy and asthma
secure.aafa.org/np/clients/aafa/product.jsp?product=20&

Arthur and Friends

pbskids.org/arthur/health/allergy

Mr. Nose it All

Online game from the American Academy of Asthma, Allergies, and Immunology
aaaai.org/conditions-and-treatments/just-for-kids/food-allergy-bubble-game

Apps

The BugaBees: Friends with Food Allergies (iOS and Android)

Food Allergy and Bullying

[healthychildren.org/English/Pages/default.aspx](https://www.healthychildren.org/English/Pages/default.aspx) (type bullying in the search box)

[kidshealth.org](https://www.kidshealth.org) (type bullying in the search box)

[nea.org/bullyfree](https://www.nea.org/bullyfree)

[violencepreventionworks.org/public/bullying.page](https://www.violencepreventionworks.org/public/bullying.page)

[stopbullying.gov](https://www.stopbullying.gov)