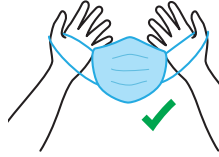


How to wear a mask



Wash your hands with soap and water or clean with hand sanitizer.



Pick up the mask by holding the ear loops or ties.



Place the mask over your nose and mouth and secure the loops over your ears or tie the ties behind your head.



Mold or pinch the mask over your nose. The mask should be comfortable and allow you to breathe.

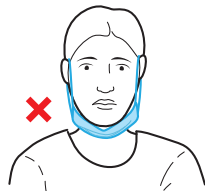


Wash or clean your hands again and avoid touching the outside of the mask with your hands.

How to remove your mask:

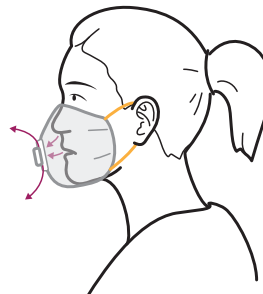
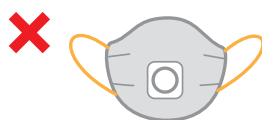
Wash or clean your hands before removing your mask by holding the ear loops or ties.

How **NOT** to wear a mask



Patients, visitors and contractors who arrive wearing a respirator or mask with an exhalation valve will be asked to wear a hospital isolation mask instead.

Exhaled droplets escape through the valve.



Keeping You Safe