



Behavioral Health Resources for Parents and Caregivers

988 Suicide & Crisis Lifeline • 988



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webpage.

- 24 hour service routing callers to the local behavioral health hotline and/or National Suicide Prevention Lifeline (now known as 988 Suicide & Crisis Lifeline)
- Trained counselors offer support and resources
- Can call, text, or chat online: 988lifeline.org

St. Louis Children's Hospital Behavioral Health Resource Line • 314.454.8336



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webpage.

- Monday-Friday, 9 a.m. – 4 p.m.
- Resources for mental and behavioral health for MO and IL families
- Staffed by professionals from the SLCH Psychology Department
- Learn more: stlouischildrens.org/conditions-treatments/psychology-services/teen-helpline-454teen

SSM Behavioral Health Urgent Care • 314.344.7200



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webpage.

- 12355 DePaul Drive Suite 150
St. Louis, MO 63044
- Monday-Saturday, 9 a.m.- 7 p.m. (Sunday Closed)
- No appointment needed – drop in during open hours
- Provides services such as suicide assessment, urgent medication refills, crisis intervention
- Learn More: ssmhealth.com/locations/location-details/behavioral-health-urgent-care-bridgeton

Behavioral Health Response Crisis Hotline • 800.811.4760 (314.469.3638 for the hearing impaired)



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website.

- 24 hours per day, 7 days per week
- Crisis support and behavioral health resources
- Learn more: bhrstl.org

*This is not an all-inclusive list of resources.
These resources are intended to be a starting
point to help families connect with the most
appropriate help.*

